

Lesson: ROMANS 6:13 (NIV based)

THEME - Confessing Sins - The Final Part Of Counting Ourselves Dead To Sin - Declaring War On Our Own Personal Sin

v.13 offer yourself to God... as instruments of righteousness

Q: How do we offer ourselves to God in an acceptable way to Him - as instruments of righteousness? Rom. 12:1 "holy and pleasing"? How do we become holy and pleasing when we have just sinned and are inherently sinful? A: confess our sins for present cleansing 1 Jn. 1:5-10 - fellowship

confess = (Grk #3670) to assent, consent, admit; i.e. to agree with or consent to the desire of another

Q: How did a person get rid of his sins during O.T. times? A: by offering a sacrifice see Lev. 1:1-9 - at the entrance, expose innards to God and washing, pleasing to God

Q: When animal sacrifices were made in the O.T., what was the state or condition of the animal to be? A: unblemished, clean, without defect, washed, the best

Q: From this analogy, what should our state be? A: internally or spiritually clean

Q: How do we go about confessing sins? Does confession mean we can lump them all together? A: no - list individually

Q: What do we do about unknown or forgotten sins? How do we confess them to be cleansed if we do not know what they are? A: Ps. 139:23-24 ask the Lord to tell you what sins you need to confess

Q: When is the best time to confess sins?

1. immediately after it has been committed
2. before prayer or service to God
3. at least once per day - best at the end of the day when still fresh in your mind

BIG IDEA: Develop a new voluntary habit - receiving cleansing from sins by confessing sins daily - ask the Lord what needs to be confessed.

Works Cited:

Bible. "The Holy Bible: New International Version." *The Bible Library CD-ROM*. Oklahoma City, OK: Ellis Enterprises, 1988.

"Strong's Greek Dictionary." *The Bible Library CD-ROM*. Oklahoma City, OK: Ellis Enterprises, 1988.

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